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St. Multose Hall Sat 5th March 10am-4pm

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2





We are celebrating our first birthday at Market Dental Kinsale and would like to thank all our customers for their support and kind referrals throughout the past year and look forward to seeing them again soon.

We welcome new patients, young and old, to our bright, modern surgery at 9 Market Square, in Kinsale.

















Exclusive Jewellery & Clothing One Day Pop Up Shop

FRIDAY 11th MARCH: 10am - 5pm @ MALT LANE @ THE FOLKHOUSE

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Contact Cathy on 087- 2422469 or Adelle on 087-3966686

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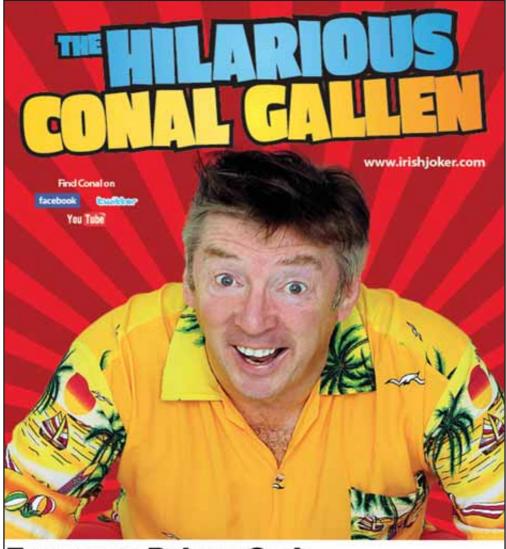
6pm - 8pm The Malt Lane, Kinsale.

Complimentary Mini Gin and Tonics and Mini Gin Martinis.

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It's time to start planning how you are going to spoil the most important lady in your life! Whether it's your Mom, your Sister, an Aunt or a Friend whoever it is, celebrate this Mother's Day with all the family and join us for a delicious three course lunch.

ENJOY BEAUTIFUL VIEWS OF KINSALE HARBOUR FROM THE PIER ONE RESTAURANT

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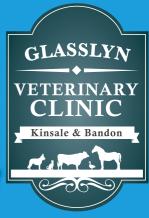






NEW LAW ON MICROCHIPPING

In the Republic of Ireland from 31st March 2016 it will be compulsory for all dogs to be microchipped.



Phone: 021-4772277



As a dog owner there are 3 things you

need to know about the new legislation

- Your dog MUST be microchipped and registered on a government approved database such as Fido by 31st March 2016
- You must have a certificate from a government approved database such as Fido to prove that your dog is microchipped and registered on the database.
- You must keep your contact details up to date. Any changes of ownership or of contact details such as changes in address or phone number must be notified to the database.

If you are buying, selling or transferring ownership

there are 3 more things you need to know about the new legislation

- From 1st September 2015 all pups must be microchipped and registered with a government approved database such as *Fido* by the time they reach 12 weeks of age or before they are moved from their birth home.
- It is illegal to buy or take ownership of a pup that is not microchipped and registered on a government approved database such as Fido and that does not have a certificate from the database to prove this.
- You must inform a government approved database when you buy, sell, take ownership of transfer ownership of a dog.

for more information: fido.ie



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* (Terms: New clients only. 30 day expiry. T&C apply.)

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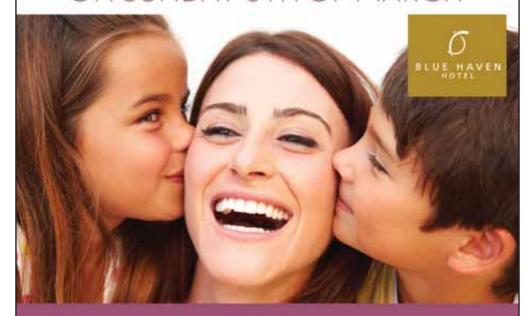








TREAT YOUR MUM & GRAND MUM THIS MOTHER'S DAY ON SUNDAY 6TH OF MARCH



3 course menu €24.95

Handmade Kinsale Chocolates & an Irish Coffee complimentary for your Mum.



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Why not try something very mild for your first taste of curry.

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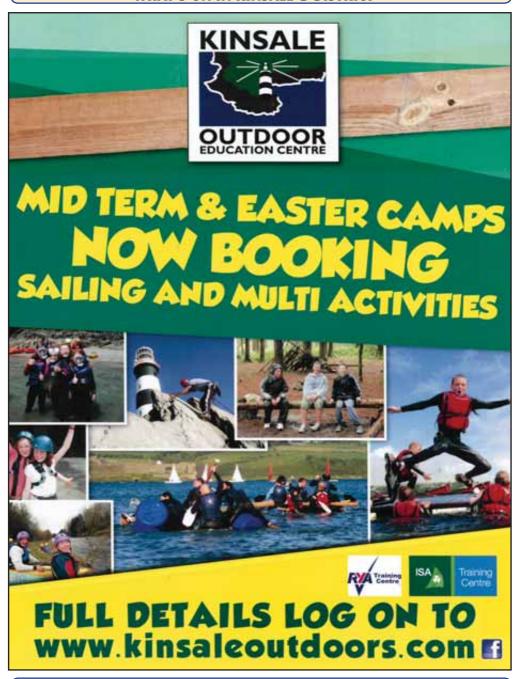
Sunday to Thursday 4pm to 7pm

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Catch Gary O'Hanlon of Viewmount House when he lands at fishy fishy...



Don't miss our latest pop-up lunch event with Gary O'Hanlon, head chef at Viewmount House, Longford, winner of Georgina Campbell's Restaurant of the Year & chef in TV3's The Restaurant.

Sample Gary's culinary delights when he pops-in to fishy fishy to serve up a special 5 course VM House lunch on:

Wed 9th March at 1pm €50 for 5 course lunch*

Tickets on sale now at fishy fishy & www.fishyfishy.ie

Ticket prices is for a 5 course tunch excluding beverages These are ticket only events.







KINSALE GAA CLUB EASTER CAMP

with Cork GAA Stars ALAN CADOGAN & ORLA FINN leading our coaching team.

29th, 30th, 31st March 10am to 1.30pm GAA Pitch, Bandon Road €35.00 per child

(For Families: €35.00 for first child & €30.00 per each subsequent child in same family)

To ensure that each child participating receives quality "training time" with Alan and Orla (in a small group format) this special Easter Camp will have a limited amount of places available.

You can register with Laurence in Maurice Murphy's from Tuesday, 1st March

(Registration on a first come first served basis).

Don't be disappointed - Register today!

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CLUB REGISTRATION DAY March 12th, 10am-1pm Temperance Hall

Boys, Girls and Adults will be registered on the day.

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Guest Accommodation 4 Star AA Guesthouse

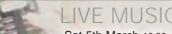
FOOD SERVED ALL DAY

Breakfast 8am-11.30am Bar/Bistro 12pm-10pm

Restaurant d'Antibes 6pm-10pm

Serving Fresh Seafood, Shellfish, Steaks & Stews.

Delivered daily by local producers.



Sat 5th March 10.30pm Poc Ar Buile

SPORTS

Saturday 5th March

Spurs v Arsenal 12pm

Munster v Dragons 7.35pm

Sunday 6th March

West Brom v Man. Utd. 4pm

Tuesday 8th March FA CUP

Hull v Arsenal 6.30pm

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Tues 15th - Fri 18th March The Freddy Kent **Cheltenham Memorial Buster**

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Mother's Day Menu

Sunday 6th March



Roasted Celeriac, Organic Thyme & Crispy Pancetta Soup With our Freshly Baked Soda Bread

Oysterhaven Smoked Salmon Poached Leek Crostini & Tarragon Hollandaise

Soft Ardsallagh Goat's Cheese Bon Bons Honeyed Beetroot Purée & Toasted Pecan & Micro Herbs

> Homemade Chicken Liver Pâté With Cumberland Sauce & Toast

Slow Roast Striploin of Lordan's Beef Seasonal Vegetables, Smoked Garlic & Herb Roasties, Perfect Mash & Red Wine Jus

Pan fried Fillets of Atlantic White Sole

With Parsley Baby Potato, Fine Beans, and Lemon, Caper & Dill Beurre Blance

Oven Baked Supreme of Glin Valley Chicken Bacon, Sage & Onion Stuffing, Champ Mash, Creamy Mushroom Sauce

Tortellini with Ricotta & Spinach In a Basil Cream Sauce, Topped with Shaved Parmesan

White House Mess

Homemade Meringues, Malibu Scented Strawberries & Pomegranate Seeds

Selection of Homemade Ice Cream In a Tulip Basket with a Warm Berry Compôte

Belgian Chocolate Brownie Sundae Served Warm with Vanilla Ice Cream & Lashings of Chocolate Sauce

Bramley Apple & Wild Rhubarb Crumble With Homemade Crème Anglaise









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- Improve muscle tone in the face and neck
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Don't forget our Massage Offer FULL BODY 90 MINUTE MASSAGE

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The latest craze amongst celebrities at the moment. The results are natural looking, hair like strokes that are semi permanent.



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Open from Tuesday 5th April onwards from 10am - 2pm Tuesday - Saturday inclusive

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Some conditions treated in the clinic:

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- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions

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- Knee Pain/Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/ Discomfort
- Strains/Sprains
- Sports Injuries/ Recovery

- Connective Tissue
- Ankle/Foot Problems
 Muscular Disorders/ Conditions
 - Coordination Development
 - Loss of Balance
 - Stiffness
 - Impaired Mobility
 - Functional Exercise

By appointment: Sabine Graef (BEd., SMT, NMPT)

Mobile **087 9872783**

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Mothen's Sunday 6th March

ROASTED RED BELL PEPPER & TOMATO SOUP

Drizzled with Balsamic Syrup

SMOKED SALMON ROULADE, MINI FISH CAKE Served with Salad Leaves, Red Onion, Cappers and Horseradish Crème Fraiche Dressing THAI STYLE DUCK SPRING ROLL

Melon and Mango Salsa, Crispy Vietnamese Salad with Toasted Sesame, Sweet Chilli Glaze

ORGANIC BRIE, WRAPPED IN FILO PASTRY Spring Berry Compôte

BAKED FILLET OF SALMON

Topped with Fresh Basil, Tiger Prawns wrapped in Lattice Puff Pastry Served with Lemon & Lime Risotto, Finished with Wild Chive Oil

ROAST "HEREFORD BEEF" SIRLOIN
Red Onion Marmalade, Truffle Mash and Red Wine Jus served with a Yorkshire Pudding

OVEN ROASTED PORK FILLET

Stuffed with Dried Apples and Coriander Mousse Wrapped in Crispy Pancetta Served with Colcannon Mash and Bulmer's Cider Jus

MEDITERRANEAN CHICKEN

With a 'Heart of' Sage, Parma Ham & Semi Sundried Tomatoes Pont-Neuf Potatoes, Roasted Garlic Café au Lait

SPINACH AND RICOTTA TORTELLINI

Tossed in Sundried Tomato and Herb Butter Finished with Parmesan Cheese and Rocket Salad

WARM APPLE PIE with Crème Anglaise, Vanilla Ice Cream MERINGUE ROULADE with Vanilla Cream, Strawberries, Raspberry Coulis CLASSIC ITALIAN TIRAMISU with Cappuccino Anglaise CHERRY CRÈME BRULEE with White Chocolate Ice Cream

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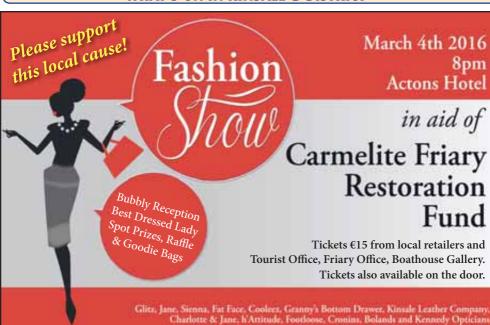
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KINSALE PATRICK'S DAY



WEDNESDAY 16th MARCH 7.30pm

MARITIME PARADE IN THE HARBOUR

Enjoy the stunning sight of beautifully lit boats sailing into the harbour Prizes for Best Fancy Dress (Theme: Light)

Fireworks Display

Photo by John Allen

ST. PATRICK'S DAY - THURSDAY 17th MARCH

Blessing of the Shamrock 12pm

at St. John the Baptist Church Céilí Mór at Emmet Place

with Live Music

Presentation of prizes for 2pm **Children's Art Competition**

at the Tourist Office

2pm - 5pm Face Painting & Balloon Art at various locations throughout the town



Photos by John Allen

4pm

2pm

STREET PARADE: Grand Marshal Mr. Charles Henderson

Starting at Kinsale Fire Station, The Glen, Pearse St, Barry's Place to Emmet Place, down Pier Road

Prizes for Fun Best Dressed Male and **Female Spectators** at the Street Parade



Prizes for Best Dressed Child Spectator at the Street Parade



Prizes for Best Dressed Shop Window



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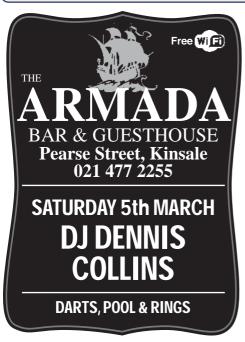
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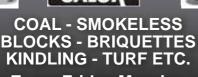
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US studies found 80%-100% reduction in pain & immobility.
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For appointments contact: 021 477 7337





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T: 021 477 3133

14 Pearse Street, Kinsale, Co. Cork





61 Main Street Kinsale Co. Cork

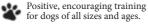
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Don't forget to have your pet's vaccinations up to date! ...see your vet!

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(collections from all local schools)

Now taking bookings for 2016 (Limited places available)

Contact Fiona 087 224 8816

Email: fionaodonovan08@gmail.com Compass Quay, Kinsale



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Montessori, Siolta & Aistear Based curriculum. Promoting Fitness in children. Babies - 5 yrs. PLEASE CALL JANICE O'CONNELL **086** 277 **0943**

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EXCEPTIONAL QUALITY THERAPY ROOM AVAILABLE TO RENT

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Suits all disciplines. Very reasonable rates.

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EXPERIENCED CLEANER REQUIRED

Kinsale Area

One day per week, good hourly pay rate, references essential.

Please apply to Box No. 08/16 c/o Kinsale Advertiser, Emmet Place, Kinsale



Worlds End, Kinsale, Co Cork

SALES & MARKETING EXECUTIVE

(Maternity Leave Cover)

The Trident Hotel is looking for a highly motivated Sales & Marketing Executive with Digital Marketing expertise and a passion for Social Media. This is an excellent opportunity for someone who is looking to develop and progress in their sales career.

Join our dynamic team.

To discuss this opportunity further please contact Paula Lynch 021 4779300

CVs can be forwarded to hr@tridenthotel.com



BLUE HAVEN COLLECTION

have vacancies for the following positions

KITCHEN PORTER, **EVENING PORTER,** ACCOM. ASSISTANT & NIGHT MANAGER

All positions are full time & require fluent English. The suitable candidate will:

- · Be customer focused
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- · Be able to work off of their own initiative.

Please send your CV with cover letter to hr@bluehavenkinsale.com

MAINTENANCE GENERAL OPERATOR

required at

MacDonald Kinsale Hotel & Spa

Formerly Carlton Hotel

For further details on this job opportunity please telephone Tony

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We are now recruiting for the season:

- FULLY QUALIFIED CHEFS
 - WAITERS/WAITRESSES

Experience essential.

Apply in person with CV. Fishy Fishy, Crowley's Quay, Kinsale

NOTICES





Xinsale A.F.C

KINSALE AFC are holding a

MONSTER BINGO

Friday 11th March **Actons Hotel** at 8pm

Funds made going towards the new clubhouse

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.



Vincents Kinsale

13 Market Place, Kinsale

HAPPY 5th BIRTHDAY

We are having a party and you're invited.

Saturday 12th March

Great bargains to be had all day Refreshments and Spot Prizes from 2pm-4pm Raffle Tickets available for items displayed in our window

NEW OPENING HOURS FROM 1st MARCH Mon-Fri: 10am - 6pm Sat: 10am-5pm Follow us on Facebook Tel: 086 029 5348



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NOTICES

AL ANON SUPPORT GROUP

Hope for the family & friends of problem drinkers.

Upstairs Library Room, Carmelite Friary, Kinsale.

Mondays 7.30pm to 8.30pm.

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time lask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. SC



Sunday 6th March, 1pm-5pm
Car Boot Sale

Belgooly GAA Pitch Contact: 087 418 9077

THANK YOU

A big thank you to all who supported the Coffee Morning in aid of Cork Association for Autism on 19th February.

A total of €1125 was raised.

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JUNIOR & LEAVING CERT - ALL LEVELS
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Our biggest change in 50 years! Smart Points is here!
More info: weightwatchers.ie or call 1850 234123 / (01) 8703900



Parent & Me Swimming Classes @ Actons Leisure Centre, Kinsale

(Suitable from 3 months - 3 years)

New term starts on Thurs 10th March @ 10am CLASSES RUN FOR 6 WEEKS - PLACES ARE LIMITED 8 PARTICIPANTS.

An instructor will lead parent & me classes, in simple water exploration activities with the object of having fun and becoming comfortable in the water.

Certified Baby Swimming Instructor (F.I.O.S.)

To book your place today contact Marie-Anne on 085-8549246 or westburyswimschool@gmail.com

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KINSALE ACTIVE RETIRED ASSOCIATION

Secretary Ann Corcoran Mob: 086 1248160 Email: anncorcoran2008@yahoo.co.uk

Exercise. Music & Chat before activities.

Presentation by Celestine

(from Hattitude)
ALL WELCOME.

TUESDAY 8th MARCH, 2.30pm TEMPERANCE HALL €2

WHAT'S ON IN KINSALE FRI 4th MAR - FRI 11th MAR 2016

FRI 4th MAR

ACTONS HOTEL:

Fashion Show in aid of Carmelite Friary Restoration Fund. 8pm. Tickets €15.

BANDON CO-OP:

Spring Essentials Promotion, until 5th March

BLACKS OF KINSALE:

Launch of Blacks Gin 6pm-8pm at The Malt Lane.

BLUE HAVEN:

Paddy Casey, 8pm. Tickets €20.

FOLKHOUSE:

King K, 10.30pm.

SAM'S BAR:

The Fabulous Gráinne Ryan.

TEMPERANCE HALL:

Drum Circle, 7pm.

SAT 5th MAR

ARMADA:

D.J. Dennis Collins.

BACCHUS NIGHTCLUB:

DJ Sean, 11.30pm.

BLUE HAVEN:

Darragh Keary, 10pm.

FOLKHOUSE:

I-Funk, 10pm.

HAMLETS:

D.J. Niall. 10pm.

KINSALE SCOUT GROUP:

Car Wash Fundraiser. New Road Car Park. 10am-4pm.

Used Clothes Collection. Sáile, 11am-1pm.

SAM'S BAR:

Old No. 7.

TRANSITION TOWN

KINSALE: World Café & Brainstorming Workshop, St. Multose Hall, 10am-4pm.

WHITE HOUSE:

Poc Ar Buile, 10.30pm.

Mother's Day SUN 6th MAR

ACTONS HOTEL:

Mother's Day Lunch. **BELGOOLY CAR**

BOOT SALE:

Belgooly GAA Pitch, 1pm-5pm.

BLUE HAVEN:

Mother's Day Lunch. Live Piano Session 5pm-7pm. Clem Buckley, 9pm.

FOLKHOUSE:

The SGs. 9pm.

KINSALE BAPTIST

CHURCH:

11am, Temperance Hall. MACDONALD KINSALE

HOTEL & SPA:

Mother's Day Lunch.

SAM'S BAR: Americhanics.

TRIDENT HOTEL:

Special 3 course Mother's Day Lunch.

MON 7th MAR

AL ANON

SUPPORT GROUP:

Upstairs Library Room, Carmelite Friary. 7.30pm - 8.30pm.

BLUE HAVEN:

Mike O'Riordan, 9.30pm.

CEILI FIT:

Beginners Course, 8pm. Improvers Class, 9pm. Temperance Hall.

DALTON'S BAR:

Trad Session.

KINSALE VOICES:

Café Blue.

Blue Haven Hotel. 7.30pm-9.30pm.

TUES 8th MAR

BLUE HAVEN:

Sonny & Friends, 9.30pm.

KINSALF ACTIVE RETIRED ASSOCIATION:

Presentation by Celestine of Hattitude. Temperance Hall, 2.30pm.

KINSALE BRIDGE CLUB:

Trident Hotel, 7.30pm. WEIGHTWATCHERS:

Men Only Class, SMA Centre, Wilton, 8pm.

WED 9TH MAR

BLUF HAVEN:

Niall McCabe, 9.30pm.

FISHY FISHY CAFÉ:

Pop-up Lunch event with Gary O'Hanlon of Viewmount House. Tickets at

www.fishyfishy.ie.

WEIGHTWATCHERS:

Trident Hotel. 10.30am & 7pm.

THUR 10th MAR

ACTONS HOTEL:

Parent & Me Swimming Classes. New 6 week term starts today at 10am.

BLUE HAVEN:

James Or. 9.30pm.

FRI 11th MAR

BLUE HAVEN:

Joey Ryan, 10pm.

EXCLUSIVE JEWELLERY & CLOTHING ONE DAY

POP-UP SHOP:

At Malt Lane (at The Folkhouse), 10am-5pm. Featuring Stella & Dot and Captain Tortue Group.

FOLKHOUSE:

King K, 10.30pm.

KINSALF AFC

MONSTER BINGO NIGHT:

Actons Hotel, 8pm.



Are you concerned about the well-being of any young person? **FOR FREE & CONFIDENTIAL ADVICE & SUPPORT** CONTACT TOM ON 085 872 5789

KINSALE **BAPTIST CHURCH**

Sundays 11am Temperance Hall All welcome www.kinsaleabc.ie









